

DAY 1

Your Journey Starts Here

Prayer: Day 01

"Prayer through Pain" by Pastor Jason Berry

James 1:6

"...but when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind."

About six months ago my father and mother were in a tragic car accident. A 20-year old kid was speeding while weaving in and out of traffic. When my parents made the turn into their neighborhood they had no chance to get out of his way. His car penetrated nearly 4 feet into my mother's side of the car. When she was life-flighted into downtown Atlanta our lives changed forever. I found myself in-between fits of anger and utter sadness. I had never experienced tragedy on this level before. I began and ended each day by desperately crying out to God for mercy, healing and strength.

A passage that really helped shape and direct my prayers during this time of tragedy was James chapter 1. James talks about enduring hardships by having faith in God. I was in a place where the doctors were saying they did not know how much the brain injuries would affect my mother. I went to bed for the first 4 days after the accident waiting for the call that would inform me that my mother died in the night. You can imagine that I was making large asks of my Heavenly Father.

The book of James chapter 1 goes on to say that "...when he asks, he must believe and not doubt, because he who doubts is like a wave in the sea, blown and tossed by the wind." I had to learn to have faith that God was in control and that when I pray I get to ask God to do the things that only He can do. Through the most tragic time in my life, God has proved Himself so faithful each and every day. I can stand firm knowing that through prayer I have direct access to God. As you pray, you can pray knowing confidently that God is in control and that He wants to be present even in the darkest moments.